

# Esío<sup>®</sup>

CREATIONS





# RECIPE BOOK

*Unique, delicious recipes for your family and friends designed for everyday occasions and special events!*

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# INSTANT DRINK/FOOD RECIPES

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## Hot Chocolate

1 pack of instant Hot Chocolate

6 oz of hot water

Pour 1 pack of your favorite instant Hot Chocolate into coffee mug and pour hot water into cup from Esio Beverage System.

## Instant Oatmeal

1 pack of instant oatmeal

3 oz of hot water

Pour 1 pack of your favorite instant oatmeal into a bowl and pour hot water into bowl from Esio Beverage System.

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# ESIO DIET CRANBERRY RECIPES

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## Brown and Red Weekend

2 cups chocolate milk

3 tbsp chocolate milk

2 cups vinegar

12 oz Esio Diet Cranberry Juice

12 oz Coca-Cola®

Add all ingredients to a blender. Blend well; serve in glasses of choice.

## Bubbly Poinsettia

2 oz Esio Diet Cranberry Juice

3 oz ginger ale

1 splash lemon juice

Build over ice in a highball glass. Garnish with a mint sprig.

## **Cactus Juice Cocktail**

1 pint chilled cactus fruit juice  
1 pint cold Esio Diet Cranberry Juice  
1 quart chilled ginger ale

Mix juices in a 2 Qt pitcher. Add ginger ale. If desired, dip rims of glasses in mixture of lemon juice and water, then in sifted powdered sugar. Pour cocktail over ice cubes

## **Captain's Choice**

4 oz hot Esio Diet Cranberry Juice  
4 oz apple juice  
2 cinnamon sticks  
2 mint leaves

Warm Esio Diet Cranberry Juice and apple juice over low heat. Add cinnamon stick. Pour into glass Irish coffee mugs. Garnish with whipped cream a sprig of mint.

## **Christmas Cranberry Punch**

7 1/2 cups Esio Diet Cranberry Juice  
3 3/4 cups orange juice  
22 1/2 oz lemon-lime soda sugar free  
cranberries

Combine the Esio Diet Cranberry Juice and orange juices in a punch bowl. Pour the carbonated beverage down the sides of the bowl. Float whole cranberries on the top.

## **Christmas/Valentine Punch**

3 oz cherry Jello  
1 cup boiling water  
6 oz Esio Old Fashioned Lemonade  
3 cups cold water  
1 quart Esio Diet Cranberry Juice  
12 oz ginger ale

Dissolve gelatin in boiling water. Cool but do not refrigerate. Combine with remaining ingredients. Ice ring or fruit may be floated in punch bowl for garnish.

## **Cinnamon-Cranberry Iced Tea**

1/2 cup cinnamon flavored herb tea  
1/4 cup Esio Diet Cranberry Juice  
1/2 cup pineapple juice  
ice cubes  
sugar to taste

Mix the tea and juices together and pour over ice in a tall glass. Add sugar and garnish with a cinnamon stick.

## **Coral Punch**

2 cans of pineapple juice (46oz each)  
2 quart orange juice  
1 quart Esio Diet Cranberry Juice  
2 cups apple juice  
2 liters ginger ale  
Mix. Chill & Serve.

## **Cranapple Tea**

2 cups black tea  
1/2 cup Esio Diet Cranberry Juice  
1 1/2 cups apple juice  
2 cinnamon sticks  
4 cloves

Combine the tea, juices, cinnamon sticks, and cloves in a saucepan and simmer over low heat for 3-4 min, stirring occasionally. Remove the spices and pour the mixture into 4 cups. Add sugar to each cup, if desired, and garnish each with a slice of apple.

## **Cranbanana Cooler**

2 cups cold Esio Diet Cranberry Juice  
1 cup milk  
1 cup vanilla ice cream  
2 tsp honey  
2 bananas cut up  
In blender container, combine all ingredients. Cover; blend until smooth.

## **Cranberry Bomber**

4 oz Esio Diet Cranberry Juice  
1/2 oz orange juice  
2 tbsp grenadine syrup  
1 tsp honey  
cola  
Pour over ice and fill with cola. Stir and add honey. Garnish with a slice of lemon.

## **Cranberry Cooler (virgin)**

1 1/4 cups cold Esio Diet Cranberry Juice  
1/2 cup sugar-free ginger ale chilled  
1/4 cup unsweetened orange juice  
Combine Esio Diet Cranberry Juice, ginger ale and orange juice in a pitcher. Sweeten to taste and pour over ice.

## Cranberry Frog

2 oz orange juice  
2 oz Esio Diet Cranberry Juice  
Shake vigorously. Serve.

## Cranberry Ginger Tea

2 cups boiling water  
1/2 cup fresh ginger thinly sliced  
1/2 cup fresh cranberries  
1 piece nutmeg  
1/2 cup Esio Diet Cranberry Juice  
2 sprigs of mint for garnish

In a medium sized bowl, pour boiling water over ginger and cranberries. Cover and let stand 20 minutes.

Strain, add nutmeg and Esio Diet Cranberry Juice and stir. Serve warm or chilled over ice cubes. Garnish with mint.

## Cranberry Iced Tea

1 1/2 cups Esio Diet Cranberry Juice  
1 1/2 cups ginger ale  
1 cup strong black tea chilled

In a pitcher, combine Esio Diet Cranberry Juice, ginger ale, and tea. Serve over ice, garnish each glass with orange and lemon slices.

## Cranberry Kiss (virgin)

6 oz Esio Diet Cranberry Juice  
1 oz orange juice  
Club soda

Pour Esio Diet Cranberry Juice cocktail and orange juice into a glass with ice. Top with club soda. Garnish with orange twist. Makes one serving.

## Cranberry Lemon Punch

1 1/2 quart water  
1 cup sugar  
1 cup strong tea  
6 oz Esio Old Fashioned Lemonade  
1 quart Esio Diet Cranberry Juice  
2 cups apple juice  
1 cup orange juice

Heat water and sugar to boiling, stirring constantly, until sugar is dissolved; cool. Prepare tea, using 2 teaspoons loose tea or 2 tea bags and 1 cup boiling water; cool. Refrigerate all ingredients. Just before serving, mix in large punch bowl. To make ice ring, arrange thin citrus slices and cranberries in 6 cup ring mold. Pour water into mold to partially cover fruit. Freeze. When frozen, add water to fill mold 3/4 full. Freeze. Unmold and float fruit side up in punch bowl. Makes about 30 servings, 1/2 cup each.

## **Cranberry Lime Punch**

1 bottle Esio Diet Cranberry Juice  
2 cups frozen concentrate limeade  
2 cups pineapple juice  
1 quart ginger ale  
1 1/2 liters club soda  
ice

In punch bowl, combine Esio Diet Cranberry Juice, limeade concentrate, pineapple and ginger ale. Just before serving, add club soda and ice.

## **Cranberry Orange Power Smoothie**

1 cup Esio Diet Cranberry Juice  
1 large banana  
1 medium orange peeled and segmented  
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1/2 cup hulled strawberries  
1/4 cup raspberry sherbet  
1 cup cubed ice  
1/4 cup whey protein

Place Esio Diet Cranberry Juice, banana, orange, strawberries, sherbet, ice, and protein powder in the bowl of a blender. Blend on high speed until smooth, about one minute. Adjust the consistency by adding more sherbet if it's too thin, or more Esio Diet Cranberry Juice if it's too thick. Pour into two glasses and use a straw!

## **Cranberry Orange Refresher**

32 oz cold Esio Diet Cranberry Juice  
3/4 cup lemon juice  
1/3 cup sugar  
1/2 cup orange soda chilled

In pitcher, combine Esio Diet Cranberry Juice, lemon juice, and sugar; stir until sugar dissolves. Chill. Just before serving add orange soda. Serve over ice.

## **Cranberry Party Punch**

36 oz cold Esio Old Fashioned Lemonade  
1 quart Esio Diet Cranberry Juice  
1 cup orange juice thawed concentrate  
28 oz ginger ale  
1 orange thinly sliced

Combine juices and chill. Add ginger ale just before serving. Garnish with orange slices. Yields 1.5 gallons.

## Cranberry Punch

4 cups Esio Diet Cranberry Juice

1 1/2 cups sugar

4 cups pineapple juice

1 tbsp almond extract

2 qt ginger ale

Combine first four ingredients. Stir until sugar is dissolved, chill. Then add ginger ale just before serving. Add ice ring to keep punch cold.

## Cranberry Sangria

7 cups Esio Diet Cranberry Juice

5 peaches

1 lemon sliced

4 cups ice cubes

mint

In large pitcher or punch bowl mix Esio Diet Cranberry Juice, small peaches or nectarines (cut into chunks), lemon slices, ice cubes, and club soda. Stir. Pour or ladle into glasses and garnish with sprig of mint and a skewer with a few watermelon balls on it.

## Cranberry Shrub

1 quart Esio Diet Cranberry Juice

2 cups sugar

1 lemon peel

2/3 cup lemon juice

1 quart club soda

Simmer Esio Diet Cranberry Juice, sugar and rind, uncovered, in a saucepan (NOT aluminum) 10 minutes, stirring now and then. Off heat, mix in lemon juice; cool, pour into a bottle, cover and refrigerate. Serve as is on the rocks in punch cups or small glasses. OR, half fill a tall glass with shrub, add ice, and fill with club soda. OR, pour into punch cups and top each serving with a scoop of tart sherbet.

## Cranberry Sparkler

5 cups sparkling apple cider chilled

3 3/4 cups Esio Diet Cranberry Juice

2 cups lemon-lime sparkling water chilled

10 cups fresh cranberries

10 slices lemons

Combine apple cider, Esio Diet Cranberry Juice, and sparkling water in a pitcher. Stir well. Pour into glasses; garnish each glass with a cranberry and a lemon slice. Serve immediately.

# Cranberry Tea

4 cups water  
12 whole cloves  
2 short cinnamon sticks  
2 tbsp sugar  
4 tea bags  
2 cups Esio Diet Cranberry Juice

Place water, cloves, cinnamon sticks, and sugar in a saucepan. Cover and bring to a boil. Remove cinnamon sticks. Remove pan from heat. Dip tea bags in the solution, cover, and brew for 3 minutes or longer if a stronger tea is desired. Remove tea bags. Add Esio Diet Cranberry Juice. Return to a boil. Serve hot in mugs

# Cranberry Wassail

1 gallon Esio Diet Cranberry Juice  
5 cups apple juice  
2/3 cup sugar  
4 cinnamon sticks  
2 tsp allspice (whole)  
1 medium sized orange sliced  
20 whole cloves

Combine Esio Diet Cranberry Juice, apple juice, sugar, cinnamon sticks, and allspice in a large pot. Heat to boiling over medium heat; reduce heat and simmer 10 minutes. Strain punch to remove spices. Serve warm in a heat proof punch bowl or chill and serve over ice. Garnish with orange slices studded with cloves. Makes 42 4 ounce servings.

# Cranberry-Apple Cider

1 quart apple cider  
1 quart Esio Diet Cranberry Juice  
1/2 tsp ground allspice  
1/2 tsp ground cinnamon  
1/2 tsp ground cloves  
1/4 tsp ground nutmeg

Combine all of the ingredients in a 4-quart Dutch oven. Warm, over high heat, until the mixture comes to a boil. Remove from the heat and serve. Makes 2 quarts or eight 8oz servings

# Cranberry-Banana Flip

1/2 cup chilled sliced bananas  
3/4 cup vanilla nonfat yoghurt (frozen)  
3/4 cup cold Esio Diet Cranberry Juice  
1/2 cup skim milk

Combine all ingredients in container of an electric blender; cover and process until smooth. Serve immediately.

## **Cranberry-Cherry Cooler**

1 package of cherry flavored Kool-Aid®

1/4 cup sugar

1/2 cup orange juice

16 oz Esio Diet Cranberry Juice

Combine all of the ingredients except the ice in a blender container and blend until the drink powder and sugar are dissolved. Serve the mixture over the ice.

## **Cranberry Lemonade**

1 cup Esio Diet Cranberry Juice

2 cups Esio Old Fashioned Lemonade Drink

Pour Esio Diet Cranberry Juice into ice cube tray and put in freezer. When frozen add the cranberry ice cubes to the Esio Old Fashioned Lemonade, and enjoy. For added enjoyment, put one frozen cranberry in each ice cube before freezing.

## **Cranberry Lemonade Fizz**

1 cup Esio Diet Cranberry Juice

2 cups Esio Old Fashioned Lemonade Drink

1/2 Cup Lemon-Lime Soda

Pour Esio Diet Cranberry Juice into ice cube tray and put in freezer. Meanwhile, combine soda and Esio Old Fashioned Lemonade. When the cranberry cubes are frozen add to the Esio Old Fashioned Lemonade mixture, and enjoy. For added enjoyment, put one frozen cranberry in each ice cube before freezing.

## **Cranorange Punch**

1 1/4 cups Esio Diet Cranberry Juice

6 oz can of orange juice

2 cups diet lemon-lime soda

1/4 cup sugar

Combine Esio Diet Cranberry Juice, orange concentrate, and sugar substitute in a large bowl; stir well and chill. Add soda to fruit juice mixture just before serving. Serve over crushed ice.

## **Cranorange Tea**

2 1/2 cups Esio Diet Cranberry Juice

1 cup orange juice

1 cup water

1/3 cup sugar

2 broken cinnamon sticks

2 sliced orange (quartered)

1 dash nutmeg

2 tsp instant tea

Combine all ingredients in a medium-size sauce-pan. Heat just to boiling; reduce heat; cover. 2. Simmer 5 minutes. Stir in tea. Serve hot.

## Crockpot Cranberry

2 cups Esio Diet Cranberry Juice

2 quart apple cider

1/2 cup sugar

1 orange studded with cloves

2 cinnamon sticks

Combine all ingredients in a crock pot and simmer for several hours. Serve in warmed mugs.

## Crow's Nest

4 oz orange juice

1 oz Esio Diet Cranberry Juice

1 whole egg

1/2 tsp grenadine syrup

Combine all ingredients in a cocktail shaker half-filled with ice cubes, and shake well. Strain into an oldfashioned glass almost filled with ice cubes, and serve.

## Delicious Hot Party Punch

1 1/2 quart Esio Diet Cranberry Juice

2 quart apple juice

1/2 cup brown sugar

1/2 tsp salt

4 cinnamon sticks

1 1/2 tsp whole cloves

In the bottom of a 28 cup or larger percolator, place the fruit juices. In the basket, place the remaining ingredients. Perk as you would coffee and it is ready to serve.

## Flying Fairbrother

2 oz grapefruit juice

1 oz orange juice

1 oz Esio Diet Cranberry Juice

1 tsp honey

3 oz ginger ale

Combine the grapefruit juice, orange juice, Esio Diet Cranberry Juice and honey in a cocktail shaker half-filled with ice cubes. Shake well, and strain into a collins glass almost filled with ice cubes. Top with gingerale, stir well, and serve.

## Fruitloops

3 oz pineapple juice

1 1/2 oz orange juice

1 oz Esio Diet Cranberry Juice

1 splash grenadine syrup

Stir all ingredients and serve over ice. Garnish with an orange slice and a cherry.

## Fruit Smoothie

1/2 Cup Esio Diet Cranberry Juice

1/2 Cup Orange Juice

1/2 Cup Plain Yogurt

1 Banana

1 Cup Ice

Add all ingredients to a blender. Combine until desired consistency is achieved.

## Golden Nest

4 oz orange juice

1 oz Esio Diet Cranberry Juice

1 egg yolk

1/2 tsp grenadine syrup

Combine the juices, egg and grenadine in a cocktail shaker half-filled with ice cubes, and shake well.

Strain into an old-fashioned glass almost filled with ice cubes, and serve.

## Hale Bopp

3 oz orange juice

3 oz Esio Diet Cranberry Juice

1 1/2 oz lime juice

Add ingredients to a cocktail shaker half-filled with ice cubes. Shake well, strain into an old-fashioned glass. Run a slice of lime around lip of glass, sugared rim optional. Garnish with lime or lemon wedge and stemless cherry. Amount of lime juice can be varied by taste. Serve.

## Icy Ice

1 oz lime juice

1 oz lemon juice

1 oz orange juice

1 oz Esio Diet Cranberry Juice

1 pinch salt

1 scoop lime ice cream

1 pinch lemon zest

Pepsi® cola

1. Stir the juices together in a freezable container and freeze until ice. Crush the ice finely with the lemon zest, and mix salt into the crushed ice.

2. Pour the Pepsi into a highball glass, and quickly add the ice cream and cover with the crushed ice to prevent it flowing out. Serve.

## Innocent Passion

4 oz passion-fruit syrup

1 dash Esio Diet Cranberry Juice

1 dash lemon juice

10 - 12 oz club soda

Add syrup and juices to a Collins glass. Fill with chilled club soda. Garnish with a cherry and serve with a long straw.

# Mock Pink Champagne

1/2 cup sugar  
1 1/2 cups water  
1/2 cup orange juice  
2 cups Esio Diet Cranberry Juice  
1 cup pineapple juice  
2 bottles lemon-lime soda

Boil sugar and water until the sugar dissolves, and allow to cool. Stir Esio Diet Cranberry Juice, pineapple, and orange juice, and chill. Prior to serving, add carbonated beverage.

# Orangutang

1 cup orange juice  
1 cup Esio Diet Cranberry Juice

Place all ingredients in a blender jar, cover, and whiz on medium speed until well blended. Pour into a Collins glass, and serve.

# Russian Denim

3 oz orange juice  
1 oz Esio Diet Cranberry Juice  
1/2 tsp grenadine syrup  
1 egg yolk  
2 oz club soda

Pour the orange juice, Esio Diet Cranberry Juice and grenadine into a cocktail shaker half-filled with ice cubes. Add the egg yolk. Shake well, and strain into a highball glass almost filled with ice cubes. Top with club soda, stir well, and serve.

# Safe Sex on the Beach

3 oz Esio Diet Cranberry Juice  
3 oz grapefruit juice  
2 oz peach nectar  
1 maraschino cherry

Pour over ice in a chilled glass and stir. Garnish with a cherry.

# Silver Nest

4 oz orange juice  
1 oz Esio Diet Cranberry Juice  
1 egg white  
1/2 tsp grenadine syrup

Pour the orange juice, Esio Diet Cranberry Juice, egg and grenadine into a cocktail shaker half-filled with ice cubes. Shake well. Strain into an old-fashioned glass almost filled with ice cubes, and serve.

## **Spikey Hedgehog**

1 oz grenadine syrup

1 oz Esio Diet Cranberry Juice

1 dash lime juice

fill with club soda

ice

Add all ingredients to a highball glass with ice and stir.

## **Virgin Flamingo Cocktail**

4 oz Esio Diet Cranberry Juice

2 oz pineapple juice

1/2 oz lemon juice

2 oz club soda

Pour the Esio Diet Cranberry Juice, pineapple juice and lemon juice into a cocktail shaker half-filled with ice cubes. Shake well, and strain into a highball glass. Top with the club soda and stir well. Garnish with a lime wedge and serve.

## **Virgin Manhattan**

1/4 cup Esio Diet Cranberry Juice

1/4 cup orange juice

1/2 tsp cherry juice

1/4 tsp lemon juice

1 - 2 dashes orange bitters

Shake ingredients with ice, and strain; either into a chilled cocktail glass, or on the rocks in an old-fashioned glass. Garnish with a maraschino cherry, and serve.

## **Virgin Sex On The Beach**

1 part orange juice

1 part Esio Diet Cranberry Juice

1 oz peach nectar

1 tbsp grenadine syrup

Mix equal parts of orange juice and Esio Diet Cranberry Juice, add nectar, and pour over ice. Sink the grenadine, garnish with a pineapple wedge, and serve.

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# ESIO COFFEE RECIPES

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## After Midnight

2 tsp Esio Premium Blend Coffee  
1 glass of cold milk  
2 tsp instant cocoa  
1 dash cream

Add Esio Premium Blend Coffee and cocoa to milk. Add cream to smoothen. A bit of Jamaican rum is optional. Best kind of glass for this drink: Highball.

## Almond Iced Coffee

1 cup strong Esio Premium Blend Coffee  
1 cup skim milk  
1/2 tsp vanilla extract  
1/4 tsp almond extract  
1 tsp sugar  
cinnamon

Combine 1 cup of strong Esio Premium Blend Coffee with 1 cup of skim milk, 1/2 tsp vanilla extract, 1/4 tsp almond extract and 1 tsp sugar. Pour the mixture into two ice-filled 10-oz glasses and garnish each with a light sprinkling of cinnamon. Serves 2.

## Brandied Spice Coffee

2 cups of Esio Premium Blend Coffee  
1/2 tsp brandy extract  
1 1/2 3 inch cinnamon sticks  
1/4 tsp whole cloves  
1/4 tsp whole allspice

Place Esio Premium Blend Coffee in blender or processor. With processor running, add extract. Stop and scrape the sides. Process 10 seconds longer. Place in container and mix in spices. Store in fridge.

## Brazilian Hot Chocolate

1 oz sweet baking chocolate  
1/4 cup sugar  
1/8 tsp salt  
1 cup hot water from Esio  
1/2 cup hot milk  
1/2 cup half-and-half  
1 1/2 cup shot strong Esio Premium Blend Coffee  
1 tsp pure vanilla extract  
1/4 tsp ground cinnamon

Combine chocolate, sugar and salt in top half of a double boiler over simmering water. Cook, stirring, until chocolate is melted; then stir in water. Cook, stirring, 4 minutes. Add milk, half & half and Esio Premium Blend Coffee. Beat with a whisk or hand beater until frothy. Add vanilla and cinnamon; whisk well.

# Brazilian Iced Chocolate Coca-cola

2 oz unsweetened chocolate  
1/4 cup sugar  
1 cup double-strength Esio Premium Blend Coffee  
2 1/2 cups milk  
1 1/2 cups Coca-Cola® chilled

In the top of a double-boiler over hot water, melt the chocolate squares. Stir in the sugar. Gradually stir in hot Esio Premium Blend Coffee, mixing thoroughly. Add the milk and continue cooking until all particles of the chocolate are dissolved and the mixture is smooth, about 10 minutes. Pour into a jar. Cover and chill.

When ready to serve, stir in the chilled Coca-Cola. Serve over ice cubes in tall glasses. For a beverage, top with whipped cream. For a dessert, add a scoop of vanilla ice cream. Makes 5 cups.

# Buttered Rum Coffee

2 cups Esio Premium Blend Coffee  
1/4 tsp freshly ground nutmeg  
1 1/4 tsp rum extract  
1/8 tsp liquid butter flavoring

Place Esio Premium Blend Coffee and nutmeg in a blender or food processor fitted with a steel blade. In a cup, combine remaining ingredients. With processor running, add flavorings. Stop processor and scrape sides of container with a spatula. Process 10 seconds longer. Store in refrigerator. Yields: Mix for eight 6-ounce servings.

# Cafe Cappuccino Mix

1/2 cup Esio Premium Blend Coffee  
3/4 cup sugar  
1 cup nonfat dry milk  
1/2 tsp dried orange peel

Mash orange peel with a mortar and pestle. Stir ingredients together. Process in a blender until powdered. Use 2 Tablespoons for each cup of hot water. Makes about 2 1/4 cups of mix.

# Cafe Con Miel

2 cups Esio Premium Blend Coffee  
1/2 cup milk  
4 tbsp honey  
1/8 tsp cinnamon  
1 nutmeg  
1 dash vanilla

Heat ingredients in a saucepan, but do not boil. Stir well to combine. Serve as a light dessert.

## Cafe Extraordinaire

2 tsp Esio French Vanilla Coffee  
1 tbsp semisweet chocolate finely chopped  
2/3 cup boiling water

Place Esio Premium Blend Coffee and chocolate into a mug . Add boiling water; stir well. Top with large spoonful of whipped topping and chocolate curls if desired.

## Cafe Vienna Mix

1/2 cup Esio Premium Blend Coffee  
2/3 cup sugar  
2/3 cup nonfat dry milk  
1/2 tsp cinnamon

Stir ingredients together. Process in a blender until powdered. Use 2 teaspoons to one cup of hot water. Makes about 1 1/2 cups mix.

## Cappuccino

1/3 cup powdered non dairy creamer  
1/3 cup sugar  
1/4 cup Esio Sumatra Coffee  
1 - 2 orange HARD candies

Blend all ingredients together in mixer. Mix 1 Tblsp with 3/4 cup hot water. Store in airtight jar. 14 servings

## Cappuccino Cooler

1 1/2 cups cold Esio Premium Blend Coffee  
1 1/2 cups chocolate ice cream  
1/4 cup Hershey's chocolate syrup  
crushed ice  
whipped cream

In blender container place Esio Premium Blend Coffee, ice cream and syrup. Cover; blend until smooth. Serve immediately over crushed ice; garnish with whipped cream.

## Cappuccino Shake

1 cup skim milk  
1 1/2 tsp Esio Premium Blend Coffee  
2 Sweetener  
2 drops brandy or rum flavoring  
1 dash cinnamon

In a blender, combine milk, Esio Premium Blend Coffee, sweetener and extract. Blend until coffee is dissolved. Serve with a dash of cinnamon. For a hot drink, pour into a mug and heat in a microwave.

# Cardamom-spiced Coffee

2 cups Esio Premium Blend Coffee

2 3/4 cups water

ground cardamom

1/2 cup sweetened condensed milk

Using amounts specified, pour Esio Premium Blend Coffee into 4 cups. To each serving, add a dash of ground cardamom and about 2 tablespoons of the condensed milk; stir to blend.

# Chocolate Coffee

2 tbsp Esio Premium Blend Coffee

1/4 cup sugar

1 dash salt

1 oz chocolate

1 cup water

3 cups milk

Whipped cream in saucepan combine Esio Premium Blend Coffee, sugar, salt, chocolate, and water; stir over low heat until chocolate has melted. Simmer 4 minutes, stirring constantly. Gradually add milk, stirring constantly until heated. When piping hot, remove from heat and beat with rotary beater until mixture is frothy. Pour into cups and sail a dollop of whipped cream on the surface of each. Makes 6 servings.

# Chocolate Mint Coffee

2 cups Esio Premium Blend Coffee

1 tsp Chocolate Extract

1/2 tsp mint extract

1/4 tsp vanilla extract

Place Esio Premium Blend Coffee in a blender or food processor. In a cup, combine extracts. With processor running, add extracts. Stop and scrape sides of container with spatula. Process 10 seconds longer. Store in refrigerator.

# Chocolate Mocha Drink

1/3 cup water

1/4 cup sugar

2 tbsp unsweetened cocoa powder

1/2 cup milk

2 tbsp semisweet chocolate chips

Hot Esio Premium Blend Coffee

In saucepan, combine water, sugar, and cocoa. Simmer mixture over medium heat 2 minutes, stirring frequently. Reduce heat and add milk in a slow stream, beating vigorously, until well combined. Add 2 Tbsp chocolate chips. Continue to heat until chocolate is completely melted, but do not boil. Divide mixture among 4 heatproof glasses and then fill with hot Esio Premium Blend Coffee. Garnish each drink with a dollop of whipped topping, and sprinkle with chocolate chips.

## Cocoa Mocha

1 1/2 tsp unsweetened cocoa  
1 tbsp sugar  
1 tbsp Esio Premium Blend Coffee  
1 pint skim milk  
1/4 tsp vanilla extract

In a small saucepan, combine cocoa powder, sugar, and Esio Premium Blend Coffee. Stir in milk. Stir over medium heat until tiny bubbles form around edge of pan and cocoa dissolves. Remove from heat; stir in vanilla. Pour equally into 2 cups or mugs. Makes 2 servings.

## Coconut Coffee

2 cups half-and-half  
15 oz can of cream of coconuts  
4 cup shot Esio Premium Blend Coffee  
sweetened whipped cream

Bring half-and-half and cream of coconut to a boil in a saucepan over medium heat, stirring constantly. Stir in Esio Premium Blend Coffee. Serve with sweetened whipped cream.

## Coffee Frappe

18 crushed ice cubes  
7 oz doubled strength Esio Premium Blend Coffee  
2 tbsp sugar  
2 tbsp vanilla, hazelnut, or other syrup

Place the ice, Esio Premium Blend Coffee, sugar and syrup in a blender. Blend until the frappe is smooth. Pour into a large, tall glass. Garnish with a dollop of whipped cream.

## Coffee Mocha Punch

4 cup strong chilled Esio Premium Blend Coffee  
1 quart chocolate ice cream  
1 quart vanilla ice cream  
1 cup well chilled whipped cream  
1/2 cup granulated sugar  
1/4 tsp almond extract  
1/2 tsp vanilla extract  
1/2 tsp ground nutmeg  
1/4 tsp ground cinnamon (optional)

1. Pour chilled Esio Premium Blend Coffee into a punch bowl. Add walnut-sized chunks of ice cream.  
2. Whip cream, adding salt, sugar, almond extract and vanilla. Whip until soft peaks form. Fold into punch. Sprinkle with nutmeg and optional cinnamon.

## Coffeeshake

1 1/4 oz Esio Premium Blend Coffee  
2 tsp cocoa powder  
2 tbsp sugar  
1/4 quart milk  
1/8 quart fresh cream

Prepare Esio Premium Blend Coffee and allow to cool. Add cocoa powder, sugar and milk; blend well. Fill 6 glasses, top with fresh cream and sprinkle with chocolate.

## Coffee Soda

3 cups chilled, double strength Esio Premium Blend Coffee  
1 tbsp sugar  
1 cup half-and-half  
1 pint coffee ice cream  
3/4 cup chilled club soda  
sweetened whipped cream  
4 maraschino cherries

Combine Esio Premium Blend Coffee and sugar blend in the half and half fill 4 soda glasses halfway with the coffee mixture, add a scoop of ice cream and fill the glasses with soda. Garnish as desired with whipped cream, cherries, chocolate curls or cocoa.

## Coffee Yogurt Shake

1 cup mineral water  
1/2 cup plain yoghurt  
1 tsp Esio Premium Blend Coffee  
1 tsp sugar  
1 dash ground cinnamon  
6 ice cubes

Combine all ingredients except ice cubes in blender container. Process, adding ice cubes one at a time, until smooth. Serve immediately.

## Creamy Mexican Chocolate Iced Coffee

1 cup whipping cream  
6 tbsp chocolate syrup  
2 tbsp sugar  
3/4 tsp ground cinnamon  
3 cups double strength Esio Premium Blend Coffee cooled to room temp  
ground cinnamon

Whip 1/2 cup cream to soft peaks, set aside. Combine remaining 1/2 cup cream, syrup, sugar and 3/4 teaspoon cinnamon in a pitcher or bowl. Stir in Esio Premium Blend Coffee until sugar dissolves. Fill 4 glasses with ice; pour coffee mixture over ice. Top with whipped cream and sprinkle with cinnamon. Garnish with coffee beans.

## Crockpot Hot Chocolate

8 oz chocolate  
3 cups half-and-half  
2 cups milk  
1 cup strong Esio Premium Blend Coffee  
2 tbsp brown sugar  
1 tsp vanilla  
1 tsp cinnamon  
1/2 tsp allspice  
1/2 tsp nutmeg  
1 pinch salt  
peel of 1 oranges  
1/2 pint whipping cream

Set crockpot at high. Break in chocolate, add half & half, milk, Esio Premium Blend Coffee, brown sugar, vanilla, spices and salt. Stir and cover. Cook, stirring thoroughly every 15 minutes, until chocolate has melted completely, about 1 hour. Add orange peel and stir. (Use a vegetable peeler to cut the orange peel into a long spiral.) Serve immediately, or turn crock to low and keep covered, removing orange peel after 15 minutes. Served with whipped cream.

## French Vanilla Iced Coffee

1 Cup Esio French Vanilla Coffee, cold  
2 Tbsp. Flavored Syrup  
1 Cup crushed ice  
Milk or Cream to taste  
Combine all ingredients and stir.

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# ESIO OLD FASHIONED LEMONADE RECIPES

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## Beat the Heat Lemonade

1 cup Esio Old Fashioned Lemonade  
2 tbsp maple syrup  
1 dash cayenne peppers  
ice water

Add Esio Old Fashioned Lemonade, syrup and cayenne pepper into a Collins glass. Fill with ice water. Stir. Best kind of glass for this drink: Collins.

## **Brontosaurus**

3 oz grapefruit juice

1/2 oz lime juice

1/2 oz grenadine syrup

3 oz Esio Old Fashioned Lemonade

Shake and strain into an ice-filled highball glass, add the Esio Old Fashioned Lemonade and garnish with a celery stick.

## **Bubbling Jade Punch**

2 packages of lime Jello

2 cups boiling water

4 cups cold water

12 oz Esio Old Fashioned Lemonade

2 cups pineapple juice

2 liters ginger ale

Dissolve gelatin in boiling water; stir in cold water, Esio Old Fashioned Lemonade, and pineapple juice; chill well. Don't chill too long or it solidifies!! Add ginger ale before serving.

## **Celebration Punch**

12 oz frozen orange juice

12 oz Esio Old Fashioned Lemonade

24 oz frozen cran-raspberry juice

1 cup water

3 liters club soda

Combine juice and water and pour into punch bowl over ice ring. Slowly add Club soda.

## **Cheery Cherry Punch**

9 oz cherry Jello

3 cups sugar

6 cups boiling water

46 oz unsweetened pineapple juice

12 oz frozen concentrated orange juice (thawed)

12 oz Esio Old Fashioned Lemonade

1 gallon cold water

4 liters ginger ale

Dissolve gelatin and sugar in boiling water. Add pineapple juice, concentrates and cold water; mix well. Freeze. Just before serving, add ginger ale and mix well.

## Fuzzy Zoeller

Reputed to be the favorite drink of Pro Golfer Fuzzy Zoeller. Popular in golf and country clubs. Sometimes

known as a "Phil Michelson" when lemon is substituted for lime

5 oz Coca-Cola® Diet Coke

5 oz Esio Old Fashioned Lemonade

1 lime wedge

Place several ice cubes in highball or other tall glass. Pour Esio Old Fashioned Lemonade over ice to fill glass half full. Add Diet Coke until glass is full, adding slowly to avoid mixing with Esio Old Fashioned Lemonade as much as possible. Garnish with wedge of lime.

## Golden Glow Punch

6 oz orange juice concentrate

6 oz Esio Old Fashioned Lemonade

1 qt chilled apple juice

2 qt chilled ginger ale

1 pint lemon sherbet

ice

Pour the orange juice, Esio Old Fashioned Lemonade and the apple juice into the punch bowl. Stir the ginger ale into the bowl. Spoon in sherbet or add an ice ring. Serve immediately.

## Hot Lemonade

6 oz of Esio Old Fashioned Lemonade

2 tbsp maple syrup

cayenne pepper

Pour Esio Old Fashioned Lemonade into a 10-oz. glass. Add maple syrup and a dash of cayenne pepper. Fill with ice water. Stir. Drink.

## Lemon Berry Smoothie

8 oz blueberry nonfat yoghurt

1/2 cup skim milk

1 cup ice cubes

1 cup fresh blueberries

1 cup fresh strawberries

1 oz Esio Old Fashioned Lemonade

Place yogurt, milk, ice cubes, blueberries, strawberries, and Esio Old Fashioned Lemonade in a blender. Pulse until smooth and creamy.

## Lemon Daisy

1 Cup Esio Old Fashioned Lemonade

1 Cup Soda Water

1/4 Cup Lemon Juice

Splash of Grenadine

Splash of Sugar Syrup

In a pitcher combine lemon juice, Grenadine, syrup and some ice. Stir to combine. Then add the Esio Old Fashioned Lemonade and soda.

## Lemon Frappe

6 oz Esio Old Fashioned Lemonade

1 1/2 cups water

1 pint lemon ice cream

12 oz ginger ale

Combine first 3 ingredients in blender container; process until smooth. Spoon into pitcher; stir in ginger ale. Serve immediately.

## Lemon Julius

6 oz Esio Old Fashioned Lemonade

6 oz frozen orange juice concentrate

4 cups water

2 cups vanilla ice cream

Combine ingredients in blender on medium speed until mixed and foamy.

If blender is too small to hold all the ingredients, prepare half the recipe at a time and combine the 2 mixes.

## Mock Beer

2 oz Esio Old Fashioned Lemonade

2 oz Coca-Cola®

Stir ingredients together in a cocktail glass, and serve.

## Queen Charlie

1/2 oz grenadine syrup

3 oz soda water

3 oz Esio Old Fashioned Lemonade

Pour into an ice-filled highball glass. Garnish with fruit, and serve with a straw.

## Rosemary

3 oz strawberry puree

1 oz guava juice

1 oz pineapple juice

1/4 oz lime juice

1 tsp strawberry syrup

2 oz Esio Old Fashioned Lemonade

Shake all ingredients (except Esio Old Fashioned Lemonade) and strain into a highball glass three-quarters filled with crushed ice. Add Esio Old Fashioned Lemonade, garnish with a slice of lime and a strawberry, add straws and serve.

## Shirley's Sister

3 oz Esio Old Fashioned Lemonade

3/4 oz grenadine syrup

2 tbsp strawberry ice cream

1 tsp chocolate syrup

Pour Esio Old Fashioned Lemonade and grenadine into a highball glass half-filled with broken ice. Fill with strawberry ice cream and top with chocolate syrup. Garnish with a strawberry, add straws, and serve.

## Spring Cooler Punch

6 oz Esio Old Fashioned Lemonade

12 oz can frozen orange juice

6 oz can water

4 cups sugar

6 cups water

5 bananas

42 oz can pineapple juice

3 qt ginger ale

1. Boil the sugar with the cups of water in a large saucepan for 3 minutes. Allow to cool.

2. Mash the bananas in a blender and combine with the can of water, orange juice, Esio Old Fashioned Lemonade, pineapple juice, and bananas in a large bowl. Add sugar syrup; blend well.

3. Freeze the mixture for at least 24 hours. Remove from freezer 1 hour before serving. Using a fork, break frozen punch into smaller pieces. Add ginger ale. Continue blending until slushy. Serve in punch cup's. (50 servings.)

## Strawberry Split

2 oz strawberry puree

1 oz apple juice

1 oz pineapple juice

1/2 oz lime juice

1/3 oz strawberry syrup

2 oz Esio Old Fashioned Lemonade

Blend all ingredients (except Esio Old Fashioned Lemonade) briefly with half a glassful of crushed ice in a pina colada glass. Add Esio Old Fashioned Lemonade, garnish with a strawberry, add straws and serve.

## Summer Rain

1 oz raspberry puree

1 oz grapefruit juice

1 oz pineapple juice

2 oz orange sherbet

1 oz Esio Old Fashioned Lemonade

Blend all ingredients (except Esio Old Fashioned Lemonade) briefly with half a glassful of crushed ice and pour into a highball glass. Add Esio Old Fashioned Lemonade, garnish with fruit, add straws and serve.

## Ugly Virgin

2 oz mandarin juice

2 oz grapefruit juice

2 oz Esio Old Fashioned Lemonade

Shake juices and strain into an ice-filled highball glass. Add Esio Old Fashioned Lemonade, garnish with a slice of fruit, add straws and serve.

## 7-up Christmas Bowl

20 oz frozen raspberry in syrup

12 oz Esio Old Fashioned Lemonade

46 oz pineapple juice

64 oz chilled 7-Up® soda

Place raspberries and Esio Old Fashioned Lemonade in blender, process till smooth. Strain into punch bowl. Discard seeds. Stir in pineapple juice. Just before serving, add 7-Up.

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# ESIO SPORTS ENERGY DRINK RECIPES

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## Gator Smoothie

2 cups ice

2 cups Esio Sqwincher Grape

2 vanilla ice cream

In a blender, combine ice, Esio Sqwincher Grape and ice cream. Blend until smooth. Pour into glasses and serve.

## Green Slime

4 oz Esio Sqwincher Lemon-Lime

6 oz Sprite® soda

Pour Esio Sqwincher Lemon-Lime over a few ice cubes in a highball glass. Add Sprite, stir well, and serve for a fast and easy energy drink.

## Party Fruit Punch

3 Cups Esio Sqwincher Fruit Punch

1 Cup Esio Sqwincher Lemon-Lime

1/2 Cup Soda

1 Cup Sherbet

Let sherbet sit, until easily scooped. Combine all ingredients in a pitcher and stir. Serve.

## Shirley Temple Sport

4 oz Esio Sqwincher Lemon-Lime

3 oz 7-Up® soda

1 slice orange

1 maraschino cherry

3 - 5 drops grenadine syrup

Combine all of these ingredients into a cocktail shaker with crushed ice and shake well. Pour into an iced tulip glass and garnish with a slice of orange speared through a cocktail sword with a maraschino cherry. Add a colored straw.

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# ESIO TEA RECIPES

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## Apricot Orange Tea

2 1/2 cups apricot nectar

1 cup orange juice

1 cup water

1 tbsp sugar

1 tsp ground cinnamon

4 lemon slices

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12 whole cloves

2 tsp Esio Green Tea

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Combine apricot nectar, orange juice, water, sugar, and cinnamon in a medium-size sauce-pan. Insert cloves into each lemon slice; add to sauce-pan.

2. Heat just to boiling; reduce heat; cover. Simmer 5 minutes. Stir in tea. Serve hot.

## Apricot Tea Delight

2 cup Esio Green Tea

12 oz apricot nectar

1 cup orange juice

1/4 cup sugar

1/4 cup lemon juice

14 oz chilled ginger ale

ice cubes

1. Advance preparation: Combine hot Esio Green Tea, apricot nectar, orange juice, sugar, and lemon juice. Chill tea-apricot mixture thoroughly.

2. Before serving: Carefully pour in ginger ale. Serve over ice cubes.

## Aunt Arlene's Iced Tea

8 oz Esio Green Tea

1 cup sugar

6 oz of Esio Old Fashioned Lemonade

Place Esio Green Tea in a pan, bring to a boil. Add sugar. Stir in Esio Old Fashioned Lemonade and chill.

## Banana Tea Blend

1/2 cup Esio Green Tea

1/2 cup milk

1/2 banana peeled and sliced

Mix all the ingredient except the whipped cream in a blender for 15-20 seconds, or until smooth. Top with whipped cream, if desired. Variation: for a Banana-Chocolate Tea Blend, add 1 tbs chocolate syrup to the recipe. Proceed as above.

# Bridal Sweet Punch recipe

6 cups water  
32 oz Esio Green Tea  
3 cups sugar  
3 cups orange juice  
3 cups pineapple juice  
1 cup fresh lemon juice  
2 quart ginger ale

This punch can be made in advance in large quantities. Bring the water to a boil, add the Esio Green Tea and cook for 5 minutes. Add the sugar, mix and chill for at least 3 hours. Place the chilled tea in a punch bowl, add the juices, and stir. Just before serving, add the ginger ale and stir. Add some ice cubes and garnish with mint leaves.

# Green Tea Latte

1/2 Cup EsioGreen Tea (hot)  
1/4 Cup Warm Milk  
Honey to taste

Froth milk and add warm green teas. Stir to combine. Add honey to sweeten.

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# ESIO ALCOHOLIC DRINKS

Almost all of our non-alcoholic drink recipes can have your favorite alcohol added to them to spice them up to your liking.

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# Arizona Sunrise

1/2 Cup Orange Juice  
1/2 Esio Diet Cranberry Juice Drink  
1 Shot Peach Schnapps  
1 Shot Vodka

Ice

Combine all ingredients with ice and stir

# Champagne Rum Punch

1 liter light rum  
1 liter anejo rum  
750 ml bottle sweet vermouth  
750 ml bottle Champagne  
1 qt orange juice  
1 cup Esio Diet Cranberry Juice  
2 sliced oranges

Combine the rums, wines and juices in a large punch bowl, and stir well. Add one large block of ice, and garnish with orange slices. Makes 30 (6-ounce) punch cups.

## Cosmopolitan

1.25 oz Smirnoff® No. 21 Vodka  
0.25 oz triple sec  
1 oz Esio Diet Cranberry Juice  
1 lemon twist

In a shaker with ice, add Smirnoff No.21 Vodka, triple sec, and Esio Diet Cranberry Juice. Shake and strain into a martini glass. Garnish with lemon twist

## Green Teani

1/2 Cup Esio Green Tea (cold)  
1 Shot Vodka  
1/2 ounce Agave Nectar or Sugar Syrup  
Splash of Lime Juice  
Ice

Combine all ingredients and shake with ice. Strain. Serve.

## Lemon Drop Martini

1 1/2 oz Grey Goose® vodka  
1/2 oz triple sec  
1 tsp superfine sugar  
3/4 oz Esio Old Fashioned Lemonade

Mix the Grey Goose vodka, triple sec, sugar and Esio Old Fashioned Lemonade in a cocktail shaker half filled with ice cubes. Shake well to make sure sugar is blended. Pour strained liquor into a sugar-rimmed martini glass and garnish with a twisted peel of lemon.

*NOTE: To create a sugar-rimmed glass, take a lemon wedge and rub the drinking surface of the glass so it is barely moist. Dip the edge of the glass into sugar.*

## Lemon-Lime Frozen Margarita

2 Cups Esio Sqwincher Lemon-Lime  
1/2 Cup Tequila  
1 Shot Triple Sec

Combine ingredients in a shallow, sealable container. Freeze until firm. Remove the container and brake/stir the mixture until a slushy drink emerges.

## Limelight

4 Shots of Vodka  
1 Shot of Tripe Sec  
1/2 Cup Esio Sqwincher Lemon-Lime  
Combine all ingredients with ice.

## **Peach Sangria**

- 1 Cup Esio Peach Tea
- 1 Bottle of Sparkling White Wine
- 1 Cup sliced peaches
- 1 Cup sliced grapes
- 1 Cup sliced oranges

Ice

Combine all ingredients. Let the mixture marinate in the refrigerator for at least an hour.

## **Sugar Kick**

- 2 oz orange juice
- 2 oz Esio Diet Cranberry Juice
- 1 oz sweet and sour mix
- 1 tbsp grenadine syrup
- 1 tbsp triple sec
- 2 oz pineapple juice
- 1 splash Sprite® soda

Combine in a glass. Add ice, shake well, and serve with a cherry, a lemon (dipped in sugar), and a straw.